

PROMOTING VOLUNTEERISM 2016-2017

Hearts on Fire for Veterans



Doris Jackson, Dept. VA&R Chairman
1032 Warbler Ave.
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515-468-1274
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Give and you shall receive. By giving of ourselves, we are getting back so much more when we see the smile on a veteran's face as we share our time with him or her. We have the opportunity to volunteer our time at our VA Medical Centers (VAMCs) as well as the surrounding Community-Based Out-Patient Clinics (CBOCs). Following is a list of the VAMC facilities along with the phone numbers to call in order to start your journey to a rewarding experience of giving some of your time to help others, most importantly, our veterans:

VA Central Iowa Health Care System – Des Moines

Voluntary Services (515) 699-5818

Sioux Falls VA Health Care System

Voluntary Services (605-333-6851)

Iowa City VA Health Care System

Voluntary Services (319) 338-0581 (EX 6279)

Iowa Veterans Home – Marshalltown

Voluntary Services (641) 753-4406

VA-Nebraska Western Iowa Health Care System – Omaha

Voluntary Services (800) 451-5796 (EX 3283)

I count that day as wisely spent In which I do some good For someone who is far away Or shares my neighborhood. A day devoted to the deed That lends a helping hand And demonstrates a willingness To care and understand. I long to be of usefulness In little ways and large Without a selfish motive And without the slightest charge. Because in my philosophy There never is no doubt That all of us here on earth Must help each other out. I feel that day is fruitful And the time is worth the while When I promote the happiness Of one enduring smile.

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