

# ALL DONATIONS – MONETARY/IN-KIND MUST COME THROUGH VOLUNTARY SERVICE

## VA Central Iowa Needed Donation List

Updated March 2017

**Due to Storage and Infection Control restrictions we are UNABLE to accept used clothing or bedding.**

**Homeless Program:** Drawstring Laundry Bags, toilet paper, feminine hygiene products, kitchen items, dishes, can openers, pans, cutlery, etc. Cleaning products, laundry detergent, brooms, mops, dust cloths. Canisters of regular coffee to serve from the new Community Resource and Recovery Center Offices.

**Returning Veterans Program (OEF-OIF-OND):** Gas Gift Cards, Grocery Store Gift Cards

**PRRC (Day Program):** Bus tokens, coffee

**3A (Acute Psychiatric Unit):** 50" flat screen TV with speakers in front (TV is behind plexi-glass for safety and it is hard to hear). Women supplies: underwear, shampoo, conditioner, lotion, brushes, disposable razors, good D.O., body wash

**CLC 1: (Dementia):** Dairy Queen gift cards, Hy-Vee gift cards

**Rehab:** hand weights under 5 lbs., light weight nerf balls, table top hand cycle.

**Domiciliary: (56 Day Program)**

**Flash drives to save resume and cover letter information.**

**Bus Passes: \$48.00 per month**

Steno Spiral pads, Phone cards, Umbrellas (to use while waiting for buses to work sites),

2" three ring binders (PTSD Veterans use in program),

Nail clippers

Key rings (to hold locker keys on while in program)

Composition books (for life stories in S.U.D)

Sewing kits

Reading glasses (2-3 magnification)

Sun block lotion

Coffee

Men's underwear and socks

Warm hats and winter gloves

Sweat pants

Duffle bags

Starbucks gift cards

**Items to be used on the DOM and keep for new homes:** Plastic hangers, plastic laundry baskets, small clock radios, brooms and dust pans, room fans.

**Voluntary Service:** Medium, Large, X- Large Sweat pants without strings. Medium and Large t-shirts, 32-34" boxers or briefs, elastic waist shorts, (all sizes). Non prescription reading glasses (new or gently used), Nail Clippers and . Packaged cookies and individually wrapped health snacks. New/Lightly used tennis shoes or work boots. Size 10, 10 ½ , 11, 11 ½ Laundry bags.

**Music Therapy:** I-Tunes gift cards to download and record specific music for Inpatient Veterans. Monetary donations to the Local Creative Arts Competition for medals, ribbons, music, and instruments. Banjos (new or used).

## Recreation Therapy

### **Funding to take Veterans on community outings:**

- Bowling: the Domiciliary and Community Living Center Veterans go monthly.
- Movies admissions and refreshments: the DOM and CLC go every month.
- Iowa Energy Games / Buccaneer Tickets / Iowa Wild Tickets (what works the best is 10 tickets for three different games throughout the season)
- Science Center
- Horseback Riding
- Therapy Pool
- Botanical Center
- Blank Park Zoo
- Yoga/Tai Chi classes for Veterans
- Lunch trips to area restaurants. For example, IHOP, Perkins, Culvers, Kentucky Fried Chicken, Pizza Hut, Hy-Vee. Gift cards work the best.

### **Craft items:**

- leather, canvas, plastic models, paint, brushes

### **Miscellaneous items:**

- Gift cards to Hobby Lobby
- Gift cards to Walmart
- Gift cards to Bike World
- Large clothing, size 5X-6X (shirts and sweat pants) to take Veterans on outings

### **Palliative/Hospice Care Requests:**

- Artificial rose/single stem
- Microwave popcorn
- Funds to pay for a catered in meal from a nice restaurant

## Sticks Art Work for the Community Living Center

Three Panel Art Piece: Installation \$11,750 (\$8,202.00 left to fund raise!)

Each panel measuring approximately 4"H x 3"W. These panels would each be constructed of birch and be built as a box structure. Approximately 2" of space would be open between each panel. The panels themselves will be raised off the wall, serving as a visual separation from the wall, further identifying these as an area of visual and spatial differentiation for residents.

Panel 1 : this panel focuses on day, time and year. This panel will have several components that are interaction, most predominately the day of the week.

Panel 2: this panel focuses on time. The bottom semi-circle above the landscape is actually a cut-out piece, with a 24hour rotation of day to night. This is a moving disc, set into the panel that moves with the light cycle of an actual day. This moves in time with the above 12 hour clock.

## **Voluntary Opportunity List**

**May 1, 2017**

**Task and Escort Volunteers:** Provide wheelchair and assistance to Veterans and visitors throughout the hospital.

**Meal Assistance:** Sitting at the dining tables with inpatient Veterans during meals. Help with transfer of foods, refilling drinks and cleaning up small spills. Conversation with new friends make foods taste better and encourage better nutrition.

**No Veteran Dies Alone (Palliative and Hospice Care):** Additional training required for this assignment. Volunteers will visit patients receiving palliative and hospice services, participating in small group social activities, choose to be on the call list for after hour/weekend visits.

**Emergency Department Wheelchair Assistance:** Weekend assistance for stable Veteran patients.

**Physical Therapy Equipment Assist:** Breaking down boxes, clearing hallways, in Building 1 PT/OT. Afternoons only.

**Logistics:**

**Business Office:**

